



January 15, 2019  
Reference: 405513319

To whom it may concern

Re: DHEA add-on for the rehabilitation from substance use disorders.

The food supplement, DHEA, was proved effective in attenuating craving to substance use both during detoxification and rehabilitation process at least up to 16 months post release from treatment. It also showed to improve cognitive performance and quality of sleep.

Few years ago the Department for the Treatment of Substance Abuse in the Ministry of Health in collaboration with Prof. Gal Yadid from the Brain Center, Bat-Ilan University conducted a double blind placebo controlled trial that proved DHEA to be an efficient add-on treatment for rehabilitation.

In light of these findings, the treatment of addicts with DHEA was recently replicated in China in a double blind- placebo controlled trial.

Note: there are no contraindications for DHEA use in addicts, excluding polycystic ovaries (so women's hormonal profile is recommended before starting the treatment); history of cancer, heart and kidney diseases.

Sincerely,  
Dr. Paola Roska

Director  
Department for the Treatment of Substance Abuse  
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Copies:  
Prof. Gal Yadid  
Rehab Supervisors